

Steubenville City Schools

Lunch Menu

Our menu is subject to change due to availability of food and school closure!  
This Institution is an equal opportunity provider and employer.

# January 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>2</b> Uncrustable Turkey Sandwich Chips Fruit Cookie Bun Milk	<b>3</b> Cowboy Sloppy Joe Butter Noodles Peas&Carrots Fruit Bun Milk	<b>4</b> Chicken Corn Fruit Bun/Roll Milk	<b>5</b> Pizza Stick Pizza Green beans Fruit Milk	<b>6</b> Chicken Alfredo Broccoli Roll/garlic bread Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>9</b> Burger Fries/tator tots Fruit Bun Milk	<b>10</b> Chili cheese Dog Fritos Corn Fruit Bun Milk	<b>11</b> Chicken Fried Rice Broccoli Egg roll Fortune cookie Fruit Milk	<b>12</b> Pizza Stick Pizza Green Beans Fruit Milk	<b>13</b> Chicken Strips Carrots Fruit Roll Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>16</b> No School Martin Luther King Jr.Day	<b>17</b> BBQ Beef Rib Sandwich Mac&cheese Fruit Bun Milk	<b>18</b> Beef and Gravy w mash potato Broccoli Fruit Roll Milk	<b>19</b> Pizza Stick Pizza Green Beans Fruit Milk	<b>20</b> Burger/chicken/fish Sandwich Mix veg Fruit Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>23</b> Chicken Nuggets Corn Fruit Milk	<b>24</b> Nachos w/cheese Veg Fruit Milk	<b>25</b> Pasta w/meat sauce Veg Fruit Roll Milk	<b>26</b> Pizza Stick Pizza Green Beans Fruit Milk	<b>27</b> Popcorn chicken Carrots Fruit Roll Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>30</b> Hot dog Chips Fruit Bun Milk	<b>31</b> Chicken noodle soup Carrots Fruit Roll Milk	<b>1</b>	<b>2</b>	<b>3</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

