

Steubenville City Schools
Snack Menu

Our menu is subject to change due to availability of food and school closure!
This Institution is an equal opportunity provider and employer.

January 2023



| Monday | Tuesday | Wednesday | Thursday | Friday | Average Nutrients |
|---|---|---|--|--|---|
| 2 Hulless White cheddar popcorn Milk | 3 Carrots w/ dip Milk | 4 Crackers Milk | 5 Broccoli w/ dip Milk | 6 Poptart Milk | Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: |
| 9 Whole grain Rice crispy treat Milk | 10 Banana Pretzels Milk | 11 Whole grain chip Milk | 12 Apple slice w/ peanut butter Milk | 13 Whole grain cookie Milk | Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: |
| 16 No School Martin Luther King Jr.Day | 17 Graham cracker Gogurt Milk | 18 Goldfish cheddar cracker Milk | 19 Cereal Bar Milk | 20 Scooby Fruit Snack Scooby Graham Cracker Milk | Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: |
| 23 Lender Bagel W/c.c Craisin Milk | 24 Celery Stick w/pb Milk | 25 Fruit cup Milk | 26 Whole grain chip Milk | 27 Cheese Puff Milk | Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: |
| 30 Chex mix Milk | 31 Cheese cube Apple slices w/dip Milk | 1 | 2 | 3 | Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: |

