

Steubenville City Schools

Breakfast Menu

Our menu is subject to change due to availability of food and school closure!

This Institution is an equal opportunity provider and employer.

January 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
2 Cereal Bar Juice Milk	3 Muffin Fruit Milk	4 Waffel Fruit Milk	5 Bagel w/c.c Juice Milk	6 Pancakes Fuit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
9 Oatmeal Round Fruit Milk	10 Frudel Juice Milk	11 Cereal/Cereal Bar Banana Milk	12 Yogurt Breakfast bread Strawberry cup Milk	13 Donuts Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
16 No School Martin Luther King Jr.Day	17 Nutrigrain bar Juice Milk	18 French Toast Fruit Milk	19 Cinnamon Rolls Banana Milk	20 Waffle Breakfast sándwich Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
23 Poptart Fruit Milk	24 Pretzel stick Breakfast Pizza Fruit Milk	25 Oatmeal Bar Hot Oatmeal Fruit Milk	26 French toast Juice Milk	27 Donuts Fruit Eggs/Sausage/Pancakes Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
30 Poptart/cereal Juice Milk	31 Bagel Breakfast Wrap Fruit Milk	1	2	3	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

