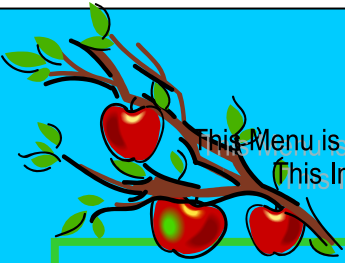


Steubenville City Schools
Lunch Menu

This Menu is subject to change due to availability of food and school closure.
This Institution is an equal opportunity provider and employer.

September 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
			1 Pizza Stick Pizza Green beans Fruit Milk	2 BBQ Beef Rib Sand. Homestyle Mac&Cheese Broccoli Fruit Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
5 No School Labor Day	6 Uncrustable/ Turkey &cheese sand Apple slices w/ dip Carrots w/dip Harvest chip/cookie Bread Milk	7 Chicken Fried rice Egg roll Fruit Milk	8 Deep dish pizza Pizza Caesar salad Fruit Milk	9 Bossco Apple Stick Green beans Mac&cheese Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
12 Pizza Hoagie Steak Hoagie Tossed salad Fruit Bun Milk	13 Popcorn chicken Boneless wings Corn Fruit Roll Milk	14 Taco in bag Cookie/ churro Fruit Milk	15 Bossco Mozzarella stick Pizza Greenbeans Fruit Milk	16 Fish Sand/ Chicken Sand Broccoli Fruit Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
19 Meatball Sand Peas&carrots Fruit Bun Milk	20 Buffalo chicken dip Tortilla chip Celery/carrot w/dip Fruit Cookie Milk	21 Cheese Burger Tator tots Fruit Bun Milk	22 Fiesta Pizza Tossed salad Fruit Milk	23 Chicken Sand Harvest Chip Mix veg Fruit Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
26 Sloppy Joe Tator tots/ fries Fruit Bun Milk	27 Chicken Strips Corn Fruit Bun Milk	28 Pasta w/ sauce Broccoli Greenbeans Fruit Roll/ garlic stick Milk	29 Pizza stick Pizza Green bean Fruit Milk	30 Nachos w/ cheese Corn&black beans Bossco Apple stick Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

