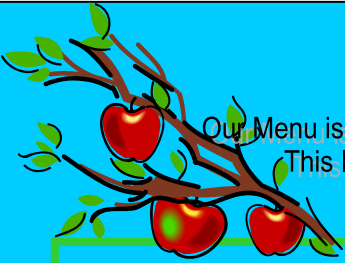


Steubenville City Schools
Snack Menu

Our Menu is subject to change due to availability of food or school closure!
This Institution is a equal opportunity provider and employer.

September 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
			1 Smores Granola bar Apple slices Milk	2 Craisins Celery w/ P&J Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
5 No School Labor Day	6 Harvest chip Milk	7 Carrots w/dip Milk	8 Crackers Raisins Milk	9 Pretzel stick w/cinnamon Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
12 Muchis Snack mix Cheese stick Milk	13 Granola bar Gogurt Milk	14 Fruit snack Cheese stick Milk	15 Turkey smokehouse stick Cheese stick Juice	16 Cherry tomatos w/ dip Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
19 Cookie w.g Milk	20 Coco cherry bar Milk	21 Apple slices Milk	22 Chez it Milk	23 Betty crocker bar Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
26 Gold fish cracker Grapes (cut length wise) Milk	27 Celery/ carrots w/ dip Juice Milk	28 W.G chip Milk	29 Yogurt w/ granola pk Juice Milk	30 Birthday cake Cookie w.g Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: