



Steubenville City School
Lunch Menu

Our Menu is subject to change due to availability of food or school closure!
This Institution is an equal opportunity Provider and employer.

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
27	28	29	30	1 Bacon Cheese Burger Tator tots Fries Veg Fruit Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
4 Chicken parm Sandwich Harvest Chip Apple Bun Milk	5 Chili Corn Frito Fruit Cornbread Milk	6 Chili cheese Dog Bake Beans Fruit Cookie w.g Bun Milk	7 Pizza stick SHS/HMS Pizza Stick (2) Green Beans Fruit Milk	8 Nachos w Cheese Corn/black beans Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
11 Chicken Quesda Rice/ Salsa Corn/Black beans Fruit Milk	12 Cheese Burger Lays Chips Pickles Veg Fruit Bun Milk	13 Elementary Mac&cheese Veg SHS/HMS Gyro Fries Fruit Milk	14 Pizza Stick Pizza Green Beans Fruit Milk	15 BBQ Pulled Pork Brocc w/ dip Fruit Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
18 Chicken Nuggets Chicken Strip Corn on Cob Fruit Roll Milk	19 Loaded Bake Potato Broccoli Fruit Roll Milk	20 Sausage Sandwich Brocc/Cauliflower Fruit Bun Milk	21 Pizza Stick SHS/HMS Pizza Stick (2) Green Beans Caesar Salad Fruit Milk	22 P&J uncrustable Chip Carrots w/ dip Cookie Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
25 Grilled Chicken Kielbasa / kraut Butter noodles w/ parsley Mix veg Fruit Bun/Milk	26 Tomato soup Grilled Cheese Broccoli Fruit Milk	27 Chicken Boom Boom Sandwich Harvest Chip Carrots w/ dip Fruit Bun Milk	28 Pizza Stick SHS/HMS -pizza Stick (2) Green Beans Fruit Milk	29 Beef and Cheese nachos Corn/ Black beans Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: