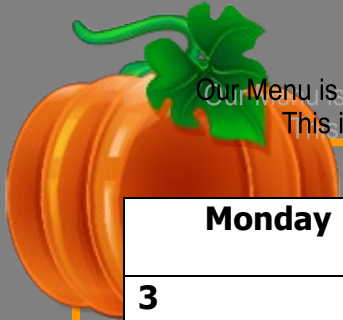


Steubenville City Schools
Lunch Menu

Our Menu is subject to change due to availability of food and school closure!
This institution is an equal opportunity provider and employer.

October 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
3 Salisbury steak Mashed potatoes Corn Fruit Milk	4 Chicken Patty Harvest Chips Fruit Milk Bun	5 Pasta Broccoli Fruit Milk Roll	6 Pizza Green Beans Fruit Milk	7 Taco in a Bag Corn Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
10 Bacon Cheese Burger Tator Tots Fruit Milk Bun	11 Ham & Cheese Pocket Carrots Fruit Milk	12 Chicken Alfredo Broccoli Fruit Milk	13 Pizza Sticks Pizza Green Beans Fruit Milk	14 Chicken Nuggets Corn Fruit Milk Roll	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
17 Corn Dogs W.G. Chips Carrots Fruit Milk	18 Mozzarella Sticks Sauce Peas Fruit Milk	19 Chili Corn Fruit Milk Corn Bread	20 French Bread Pizza Green Beans Fruit Milk	21 Chicken Quesadilla Rice Broccoli Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
24 Chicken Nuggets Mixed Vegetables Fruit Milk Roll	25 Cheese & Beef Nachos Corn / Black Beans Fruit Milk	26 Grilled Cheese Tomato Soup Fruit Milk	27 Pizza Green Beans Fruit Milk	28 Grilled Chicken w Bacon Sandwich Carrots / dip Fruit Milk Bun	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
31 Meatball Sandwich W.G. Chips Fruit Milk					Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: