



Steubenville City Schools
Breakfast Menu

Our Menu is subject to change due to availability of food and school closure.
This Institution is an equal opportunity provider and employer

November 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
1 Cherry Frudle Juice Milk	2 Pancakes Fruit Milk	3 Yogurt Graham Crackers Milk	4 Pop Tart Cheese Stick Juice	5 Muffin Fruit Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
8 French Toast Fruit Milk	9 Oatmeal Bar Juice Milk	10 Waffle Fruit Milk	11 Banana Yogurt Milk	12 Cinnamon Roll Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
15 Pretzel w/Cinnamon Juice Milk	16 Donuts Juice Milk	17 Chex Mix Cheese Stick Juice Milk	18 Banana Bread Juice Milk	19 Nutri-Grain Bar Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
22 French Toast Fruit Milk	23 Yogurt Apple Slices Milk	24 No School	25 No School! Thanksgiving	26 No School	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
29 Oatmeal Bar Fruit Milk	30 Cinni Mini Cheese Stick Milk Juice	1	2	3	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

