



Steubenville City Schools  
Breakfast Menu

Our Menu is subject to change due to availability and or school closure!  
This Institution is an equal opportunity provider and employer.

# May 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>1</b> <i>Poptart Fruit cup Milk</i>	<b>2</b> <i>Nutrigrain bar Juice Milk</i>	<b>3</b> <i>yogurt Cereal Cereal bar Milk</i>	<b>4</b> <i>Pancakes Fruit Milk</i>	<b>5</b> <i>Cinnamon Roll Fruit Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>8</b> <i>Banana Bread Fresh Fruit Milk</i>	<b>9</b> <i>French toast Snack Bag Juice Milk</i>	<b>10</b> <i>Donuts Fruit Milk</i>	<b>11</b> <i>Cereal Bar Fruit Milk</i>	<b>12</b> <i>Waffle Juice Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>15</b> <i>Oatmeal bar Fruit Milk</i>	<b>16</b> <i>Lemon Bread Fruit Milk</i>	<b>17</b> <i>Frudel Juice Milk</i>	<b>18</b> <i>Poptart Fruit Milk</i>	<b>19</b> <i>Bagel w/c.c Juice Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>22</b> <i>Cereal Cereal Bar Fruit Milk</i>	<b>23</b> <i>Muffin Juice Milk</i>	<b>24</b> <i>Oatmeal bar Nutrigrain bar Poptart Juice Milk</i>	<b>25</b> <i>Last Day of School! Cereal Cereal bar Fruit Juice Milk</i>	<b>26</b> <i>No School Teacher Work Day!</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>29</b> <i>No School! Memorial Day</i>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

