



Steubenville City Schools
Snack Menu

Our menu is subject to change due to availability of food or school closure!
This institution is an equal opportunity provider and employer.

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
3 Cheez its Milk	4 Fruit Snacks Milk	5 Graham Crackers Milk	6 Whole Grain Chips Milk	7 Granola Bars Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
10 Goldfish Crackers Milk	11 Cereal Bar Milk	12 Whole Grain Cookie Milk	13 Oatmeal Bar Milk	14 Poptart Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
17 No School	18 Fruit Snack Milk	19 Gogurt Juice	20 Graham Crackers Milk	21 Cheez its Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
24 Cereal Bar Milk	25 Whole Grain Chips Milk	26 Carrots Dip Juice	27 Pretzels Milk	28 Apple Slices Peanutbutter Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
31 Fruit Snack Milk	1	2	3	4	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

