



Steubenville City Schools  
Lunch Menu

Our menu is subject to change due to the availability of food and school closure!  
This institution is an equal opportunity provider and employer.

# January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>3</b> <b>Burger</b> <b>Corn</b> <b>Fruit</b> <b>Milk</b> <b>Bun</b>	<b>4</b> <b>Chicken</b> <b>Vegetable</b> <b>Fruit</b> <b>Milk</b> <b>Roll</b>	<b>5</b> <b>Pasta</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b> <b>Roll</b>	<b>6</b> <b>Hot Dog</b> <b>WG Chips</b> <b>Fruit</b> <b>Milk</b> <b>Bun</b>	<b>7</b> <b>Mac &amp; Cheese</b> <b>Broccoli</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>10</b> <b>Chicken</b> <b>Vegetable</b> <b>Fruit</b> <b>Milk</b> <b>Roll</b>	<b>11</b> <b>Burger</b> <b>Vegetables</b> <b>Fruit</b> <b>Milk</b> <b>Bun</b>	<b>12</b> <b>Chili</b> <b>Crackers</b> <b>Corn</b> <b>Fruit</b> <b>Milk</b>	<b>13</b> <b>Pizza / Pizza Stick</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	<b>14</b> <b>Drumstick</b> <b>Stuffing</b> <b>Corn</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>17</b> <b>No School</b>	<b>18</b> <b>Burger</b> <b>French Fries</b> <b>Fruit</b> <b>Milk</b> <b>Bun</b>	<b>19</b> <b>Pasta</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b> <b>Roll</b>	<b>20</b> <b>Beef Nachos</b> <b>Salad</b> <b>Fruit</b> <b>Milk</b>	<b>21</b> <b>Chicken</b> <b>Vegetables</b> <b>Fruit</b> <b>Milk</b> <b>Roll</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>24</b> <b>Grilled Cheese</b> <b>Tomato Soup</b> <b>Fruit</b> <b>Cookie</b> <b>Milk</b>	<b>25</b> <b>Chicken</b> <b>Vegetables</b> <b>Fruit</b> <b>Milk</b>	<b>26</b> <b>Burger</b> <b>Vegetables</b> <b>Fruit</b> <b>Milk</b> <b>Bun</b>	<b>27</b> <b>Pizza / Pizza Stick</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	<b>28</b> <b>Sloppy Jo</b> <b>Buttered Noodles</b> <b>Vegetables</b> <b>Fruit</b> <b>Milk</b> <b>Bun</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>31</b> <b>Chicken</b> <b>Vegetables</b> <b>Fruit</b> <b>Roll</b> <b>Milk</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

