



Steubenville City Schools
Breakfast Menu

Our Menu is subject to change due to availability of food and school closures!
This institution is an equal opportunity provider and employer.

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
3 Cereal Bar Cereal Fruit Juice	4 Poptart Fruit Juice Milk	5 Muffin Fruit Milk	6 Cereal Bar Cereal Fruit Milk	7 Oatmeal Bar Fruit Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
10 Donut Fruit Milk	11 Granola Bar Fruit Juice Milk	12 Poptart Fruit Juice Milk	13 Yogurt Cheese Stick Juice Milk	14 Nutrigrain Bar Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
17 No School	18 Muffin Fruit Milk	19 Cereal Bar Cereal Juice Milk	20 Oatmeal Bar Fruit Juice Milk	21 Poptart Fruit Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
24 Donut Fruit Milk	25 Granola Bar Fruit Juice Milk	26 Yogurt Cheese Stick Juice Milk	27 Nutrigrain Bar Fruit Milk	28 Poptart Fruit Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
31 Cereal Bar Cereal Fruit Milk	1	2	3	4	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

