

Steubenville City Schools
Snack Menu

Our menu is subject to change due to availability of food or school closure!
This institution is an equal opportunity provider and employer.

February 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
31	1 Graham cracker Milk	2 Fruit Snack Cheese stick / wedge Milk	3 Cracker Milk	4 Pretzel w/ cinnamon Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
7 Cucumbers w/ ranch Gold fish cracker Milk	8 Poptart Milk	9 Whole grain cookie Milk	10 Carrots w/ ranch Milk	11 Whole grain chip Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
14 Apple slices w/ caramel cup Milk	15 Chex mix Milk	16 Cereal bar Milk	17 Tomato w/ dip Milk	18 Gogurt Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
21 Cheese cracker Milk	22 Celery sticks w/ P&J	23 Pretzels Milk	24 French Toast(snack bag) Milk	25 Apple slice w/ Nutella Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
28 Whole grain chip Fruit Roll up Milk	1	2	3	4	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

