

Steubenville City Schools
Breakfast Menu

Our menu is subject to change due to availability of food or school closure!
This institution is an equal opportunity provider and employer.

February 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
31	1 Cereal bar Cereal Fruit Juice Milk	2 French toast Fruit Juice Milk	3 Cinnamon Roll Fruit Milk	4 Grape Crescent Roll Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
7 Cereal bar Cereal Fruit Milk	8 Bagel w/ c.c Fruit Milk	9 Poptart Breakfast pizza Juice Milk	10 Oatmeal bar Gogurt Juice Milk	11 Donuts Strawberry cup Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
14 Muffin Juice Milk	15 Cereal bar Cereal Fruit Milk	16 Chex mix Yogurt Fruit Milk	17 Nutrigrain bar Breakfast Sand Juice Milk	18 Apple slice w/ PJ Banana Goldfish Graham cracker Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
21 Oatmeal Bar Oatmeal Cereal Fruit Milk	22 Pancakes Strawberry cup Milk	23 Frudel Milk	24 Donuts Juice Milk	25 Cereal bar Cereal Poptart Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
28 Banana Bread Juice Milk	1	2	3	4	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

