



Steubenville City Schools  
Breakfast Menu

Our menu is subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider and employer!

# December 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
29	30	1 Cereal Cereal Bar Fruit Milk	2 Cereal Cereal bar Fruit Milk	3 Pop tart Fruit Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
6 Cereal Cereal bar Fruit Juice Milk	7 Cereal Cereal Bar Fruit Juice Milk	8 Poptart Fruit Juice Milk	9 Cereal Cereal Bar Juice Milk	10 Muffin Fresh Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
13 Oatmeal Bar Fruit Juice Milk	14 Cereal bar Fruit Milk	15 Cereal Bar Fruit Milk	16 Cereal bar Fruit Milk	17 Cereal Bar Fruit Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
20 <b>NO SCHOOL CHRISTMAS BREAK</b>	21 <b>NO SCHOOL CHRISTMAS BREAK</b>	22 <b>NO SCHOOL CHRISTMAS BREAK</b>	23 <b>NO SCHOOL CHRISTMAS BREAK</b>	24 <b>NO SCHOOL CHRISTMAS BREAK</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
27 <b>NO SCHOOL CHRISTMAS BREAK</b>	28 <b>NO SCHOOL CHRISTMAS BREAK</b>	29 <b>NO SCHOOL CHRISTMAS BREAK</b>	30 <b>NO SCHOOL CHRISTMAS BREAK</b>	31 <b>NO SCHOOL CHRISTMAS BREAK</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

