



Steubenville City Schools
Snack Menu

Our menu is subject to change due to Availability of Food and School Closure!
This Institution is an equal opportunity provider and employer!

December 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
29	30	1 Apple slices Peanut butter cup/ caramel Milk	2 Carrots w/ ranch cup Milk	3 Whole grain chip Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
6 Brocc w/ dip Milk	7 Oatmeal bar Milk	8 Celery sticks w/ peanut butter Milk	9 Crackers Milk	10 Fruit snack Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
13 Chez It Juice	14 Poptart Milk	15 Cereal bar Milk	16 Cookie w.g Milk	17 Gogurt Juice	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
20 NO SCHOOL CHRISTMAS BREAK	21 NO SCHOOL CHRISTMAS BREAK	22 NO SCHOOL CHRISTMAS BREAK	23 NO SCHOOL CHRISTMAS BREAK	24 NO SCHOOL CHRISTMAS BREAK	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
27 NO SCHOOL CHRISTMAS BREAK	28 NO SCHOOL CHRISTMAS BREAK	29 NO SCHOOL CHRISTMAS BREAK	30 NO SCHOOL CHRISTMAS BREAK	31 NO SCHOOL CHRISTMAS BREAK	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

