



Steubenville City Schools  
Snack Menu

Our menu is subject to change due to availability of food and school closure!  
This institution is an equal opportunity provider and employer.

# August 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>15</b>	<b>16</b>	<b>17</b> <b>Cheez Its</b> <b>Milk</b>	<b>18</b> <b>Apple Slices</b> <b>Dip</b> <b>Milk</b>	<b>19</b> <b>Teddy Graham</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>22</b> <b>Harvest Chip</b> <b>Milk</b>	<b>23</b> <b>Fruit Snacks</b> <b>Milk</b> <b>Juice</b>	<b>24</b> <b>Gogurt</b> <b>Cheese Stick</b> <b>Juice</b>	<b>25</b> <b>Carrots</b> <b>Dip</b> <b>Milk</b>	<b>26</b> <b>Chex Mix</b> <b>Milk</b> <b>Juice</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>29</b> <b>Oatmeal Bar</b> <b>Milk</b>	<b>30</b> <b>Rice Krispy</b> <b>Treat</b> <b>Milk</b>	<b>31</b> <b>Nutrigrain Bar</b> <b>Milk</b> <b>Juice</b>	<b>2</b>	<b>3</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

