

Steubenville City Schools
Lunch Menu

This menu is subject to change due to availability of food or school closure!
This institution is an equal opportunity provider and employer.

September 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
4 <i>No School</i> <i>Labor Day</i>	5 MC- chicken Sand Salad Fruit Bun Milk	6 Pasta w/garlic & oil Salad Fruit Cookie w.g Roll Milk	7 West-Wells-East- Stem Pull apart -Bread Sticks w/sauce HMS-SHS- Pizza Green beans Fruit Milk	8 West-Wells-East- Stem Bacon Burger HMS-SHS- Fish/ Bacon Burger Chips w.g Pickle Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
11 Hot dogs Bake Beans Cookie w.g Fruit Bun Milk	12 Popcorn Chicken Corn Fruit Bun Milk	13 Pasta w/meat sauce Peas&carrots Fruit Roll Milk	14 West-Wells-East- Stem Pull apart -Bread Sticks w/sauce HMS-SHS- Pizza Green beans Fruit Milk	15 West-Wells-East- Stem Cheese Burger HMS-SHS- Fish/ Bronco Burger Chips w.g Pickle Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
18 Chili Cheese Dog Corn Cookie w.g Fruit Bun Milk	19 Chicken Strip(4) (6) Broccoli Fruit Roll Milk	20 Chicken Alfredo Salad Fruit Roll/Garlic Toast Milk	21 West-Wells-East- Stem Pull apart -Bread Sticks w/sauce HMS-SHS- Pizza Green beans Fruit Milk	22 Beef Rib w/Honey sauce Mix veg Fruit Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
25 Chicago Dog Tater tots Baked Fries Cookie w.g Bun Milk	26 Chicken Bacon Ranch Sand Broccoli w/ dip Chip w.g Fruit Bun Milk	27 Pesto Rigatoni Carrots Fruit Roll Milk	28 West-Wells-East- Stem Bossco Sticks HMS-SHS- Pizza Green beans Fruit Milk	29 West-Wells-East- Stem Bacon Burger HMS-SHS- Fish/ Bacon Burger Chips w.g Pickle Bun Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

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