



Steubenville City Schools

Breakfast Menu

Our menu is subject to change due to availability of food and school closure!

This institution is an equal opportunity provider.

# December 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>2</b> <b>Breakfast Bar</b> <b>Fruit</b> <b>Milk</b>	<b>3</b> <b>Waffles</b> <b>Fruit</b> <b>Milk</b>	<b>4</b> <b>Pop Tart</b> <b>Fruit</b> <b>Milk</b>	<b>5</b> <b>Chex Mix</b> <b>Yogurt</b> <b>Milk</b>	<b>6</b> <b>Banana Bread</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>9</b> <b>Granola Bar</b> <b>Yogurt</b> <b>Milk</b> <b>Juice</b>	<b>10</b> <b>Pancake</b> <b>Grapes</b> <b>Milk</b>	<b>11</b> <b>Bagel w cream</b> <b>cheese</b> <b>Banana</b> <b>Milk</b>	<b>12</b> <b>Muffin</b> <b>Cheese Stick</b> <b>Juice</b>	<b>13</b> <b>French Toast</b> <b>Apple Slices</b> <b>Juice</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>16</b> <b>Pancakes</b> <b>Juice</b> <b>Milk</b>	<b>17</b> <b>Cereal Bar</b> <b>Fruit</b> <b>Milk</b>	<b>18</b> <b>Yogurt</b> <b>Cheese Stick</b> <b>Juice</b> <b>Milk</b>	<b>19</b> <b>Cinni Minni</b> <b>Juice</b> <b>Milk</b>	<b>20</b> <b>French Toast</b> <b>Juice</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>23</b>  <b>No School</b>	<b>24</b>  <b>Christmas</b> <b>Eve</b>	<b>25</b>  <b>Christmas</b> <b>Day</b>	<b>26</b>  <b>No School</b>	<b>27</b>  <b>No School</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>30</b>  <b>No School</b>	<b>31</b>  <b>No School</b>				Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

