



Steubenville City Schools
Lunch Menu

This Menu is subject to change due to availability of food or school closure!
This institution is an equal opportunity provider and employer.

November 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
		1 <i>Turkey Sandwich</i> <i>Chip w.g</i> <i>Cookie w.g</i> <i>Veg/dip</i> <i>Bun</i> <i>Milk</i>	2 <i>Pizza Stick w/sauce</i> <i>cup</i> <i>Pizza</i> <i>Green beans</i> <i>Fruit</i> <i>Milk</i>	3 <i>Burger</i> <i>Chips w.g</i> <i>Pickle spear</i> <i>Fruit</i> <i>Cookie w.g</i> <i>Bun</i> <i>Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
6 <i>Breaded Mozzarella</i> <i>Stick/ sauce cup</i> <i>Broccoli</i> <i>Fresh Fruit cup</i> <i>Cookie w.g</i> <i>Milk</i>	7 <i>Pulled Pork</i> <i>Canned Yams</i> <i>Green beans</i> <i>Corn bread</i> <i>Fruit</i> <i>Milk</i>	8 <i>Chicken Noodle Soup</i> <i>Salad</i> <i>Roll</i> <i>Fruit</i> <i>Milk</i>	9 <i>Pizza</i> <i>Cesar Salad</i> <i>Fruit</i> <i>Milk</i>	10 <i>Chicken Patty</i> <i>Corn</i> <i>Fruit</i> <i>Bun</i> <i>Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
13 <i>Popcorn chicken</i> <i>Corn</i> <i>Fruit</i> <i>Roll</i> <i>Milk</i>	14 <i>Honey beef rib</i> <i>Pickle spear</i> <i>Mix veg</i> <i>Fruit</i> <i>Milk</i>	15 <i>Turkey gravy</i> <i>Mash potato</i> <i>Peas/carrots</i> <i>Strawberry cup</i> <i>Roll</i> <i>Milk</i>	16 <i>Pizza</i> <i>Green beans</i> <i>Fruit</i> <i>Milk</i>	17 <i>Mac&cheese</i> <i>Broccoli</i> <i>Fruit</i> <i>Roll</i> <i>Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
20 <i>Bacon Cheese</i> <i>Burger</i> <i>Carrots</i> <i>Fruit</i> <i>Bun</i> <i>Milk</i>	21 <i>Uncrustable/ Lunch</i> <i>meat sándwich</i> <i>Chip w.g</i> <i>Cookie w.g</i> <i>Veg/dip</i> <i>Milk</i>	22 NO SCHOOL! THANKSGIVING BREAK	23 NO SCHOOL! THANKSGIVING BREAK	24 NO SCHOOL! THANKSGIVING BREAK	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
27 <i>Chicken strips</i> <i>Corn</i> <i>Fruit</i> <i>Roll</i> <i>Milk</i>	28 <i>Cheese Burger</i> <i>Tator Tots</i> <i>Fruit</i> <i>Bun</i> <i>Milk</i>	29 <i>Pasta/meat sauce</i> <i>Mix veg</i> <i>Fruit</i> <i>Roll</i> <i>Milk</i>	30 <i>Pizza Stick</i> <i>Pizza</i> <i>Green Beans</i> <i>Fruit</i> <i>Milk</i>	1	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

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