



Steubenville City Schools  
Snack Menu

This menu is subject to change due to availability of food or school closure!  
This institution is an equal opportunity provider and employer.

# August 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>7</b>	<b>8</b>	9	<b>10</b>	<b>11</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>21</b>	<b>22</b>	<b>23</b> <b>Cheese Cubes</b> <b>Apple Slices</b> <b>Milk</b>	<b>24</b> <b>Fruit Snacks</b> <b>Juice</b>	<b>25</b> <b>Cheez Its</b> <b>Juice</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>28</b> <b>Rice Krispy</b> <b>Treat</b> <b>Juice</b>	<b>29</b> <b>Chex Mix</b> <b>Milk</b>	<b>30</b> <b>Pop Tart</b> <b>Juice</b>	<b>31</b> <b>White Cheddar</b> <b>Popcorn</b> <b>Juice</b>		Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

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