



Steubenville City Schools  
Breakfast Menu

This menu is subject to change due to availability of food or school closure!  
This institution is an equal opportunity provider and employer

# May 2024

| Monday  | Tuesday                                       | Wednesday                                   | Thursday  | Friday   | Average Nutrients   |
|---|---|---|---|--|---|
|   |   | <b>1</b><br>Pancakes<br>milk                | <b>2</b><br>Yogurt<br>Fruit<br>milk                             | <b>3</b><br>Oatmeal round<br>Fruit<br>milk           | Calories:<br>Total Fat:<br>Saturated Fat:<br>% Calories from Sat. Fat:<br>Trans Fat:<br>Carbohydrates:<br>Protein:<br>Sodium: |
| <b>6</b><br>Banana bread<br>milk                      | <b>7</b><br>Poptarts<br>milk                  | <b>8</b><br>Muffins<br>Cheese stick<br>milk | <b>9</b><br>Bagel<br>Cream cheese<br>milk                       | <b>10</b><br>Chex mix<br>Yogurt<br>milk              | Calories:<br>Total Fat:<br>Saturated Fat:<br>% Calories from Sat. Fat:<br>Trans Fat:<br>Carbohydrates:<br>Protein:<br>Sodium: |
| <b>13</b><br>Cereal<br>Fruit<br>Juice<br>milk         | <b>14</b><br>Waffle<br>Fruit<br>milk          | <b>15</b><br>French toast<br>milk           | <b>16</b><br>Donut<br>Fruit<br>milk                             | <b>17</b><br>Cinnamon roll<br>Fruit<br>milk          | Calories:<br>Total Fat:<br>Saturated Fat:<br>% Calories from Sat. Fat:<br>Trans Fat:<br>Carbohydrates:<br>Protein:<br>Sodium: |
| <b>20</b><br>Danish<br>Grapes<br>milk                 | <b>21</b><br>Cereal bar<br>Banana<br>milk     | <b>22</b><br>Frudel<br>Juice<br>milk        | <b>23</b><br>Cinnamon toast Crunch<br>(hot)<br>milk             | <b>24</b><br>Gogurt<br>Cheese stick<br>Fruit<br>Milk | Calories:<br>Total Fat:<br>Saturated Fat:<br>% Calories from Sat. Fat:<br>Trans Fat:<br>Carbohydrates:<br>Protein:<br>Sodium: |
| <b>27</b><br><b>No School!</b><br><b>Memorial Day</b> | <b>28</b><br>Breakfast bread<br>Juice<br>milk | <b>29</b><br>Belvita bar<br>Fruit<br>milk   | <b>30</b><br>Oatmeal bar<br>Breakfast sándwich<br>Fruit<br>milk | <b>31</b>  | Calories:<br>Total Fat:<br>Saturated Fat:<br>% Calories from Sat. Fat:<br>Trans Fat:<br>Carbohydrates:<br>Protein:<br>Sodium: |

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