



Steubenville City Schools
Breakfast Menu

Our Menu is subject to change due to availability of food or school closure!
This Institution is an equal opportunity provider and employer.

March 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
				1 <i>Donuts</i> <i>Fruit</i> <i>Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
4 <i>Bagel w/ c.c</i> <i>Fruit</i> <i>Milk</i>	5 <i>Nature valley granola bar</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	6 <i>Yogurt</i> <i>Banana</i> <i>Juice</i>	7 <i>Pop tart</i> <i>Juice</i> <i>Milk</i>	8 <i>Chocolate Crescent</i> <i>Banana</i> <i>Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
11 <i>Oatmeal bar</i> <i>Fruit cup</i> <i>Milk</i>	12 <i>Frudel</i> <i>Milk</i>	13 <i>Pancakes</i> <i>Fruit</i> <i>Milk</i>	14 <i>Breakfast uncrustable</i> <i>Milk</i>	15 <i>Waffle</i> <i>Fruit</i> <i>Milk</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
18 <i>Banana Bread</i> <i>Milk</i>	19 <i>Grape Crescent Roll</i> <i>Fruit</i> <i>Milk</i>	20 <i>Cinnamon roll</i> <i>Fruit</i> <i>Milk</i>	21 <i>Cereal</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i> <i>HMS-SHS breakfast sandwich</i>	22 <i>French toast sticks/syrup</i> <i>Milk</i> <i>HMS-SHS- Big Breakfast</i> <i>Eggs,sausage,hashbrown</i> <i>Etc.</i>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
25 EASTER BREAK	26 EASTER BREAK	27 EASTER BREAK	28 EASTER BREAK	29 EASTER BREAK	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

