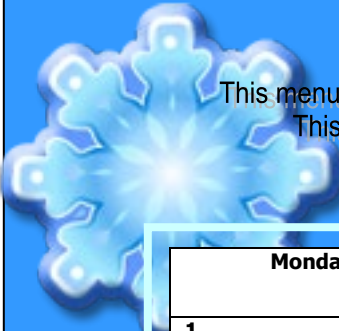


Steubenville City Schools  
Snack Menu

This menu subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider and employer

# January 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>1</b> <b>NO SCHOOL!</b>  <b>NEW YEAR!</b>	<b>2</b> <b>NO SCHOOL!</b>	<b>3</b> <b>Poptart w.g</b> <b>Milk</b>	<b>4</b> <b>Cinnamon Pretzel</b> <b>Milk</b>	<b>5</b> <b>Graham Cracker</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>8</b> <b>Apple slices</b> <b>w/ peanut butter</b> <b>Milk</b>	<b>9</b> <b>Carrots w/ ranch cup</b> <b>Milk</b>	<b>10</b> <b>Whole grain chip</b> <b>Milk</b>	<b>11</b> <b>Fruit snack</b> <b>Cheese cubes</b> <b>Juice</b> <b>Milk</b>	<b>12</b> <b>Goldfish crackers</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>15</b> <b>NO SCHOOL!</b>  <b>ML KING DAY</b>	<b>16</b> <b>Cookie w.g</b> <b>Milk</b>	<b>17</b> <b>Fruit cup</b> <b>Cheese stick</b> <b>Milk</b>	<b>18</b> <b>Cereal bar</b> <b>Milk</b>	<b>19</b> <b>Gogurt</b> <b>Juice</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>22</b> <b>Cheese puffs</b> <b>Milk</b>	<b>23</b> <b>Chex mix</b> <b>Milk</b>	<b>24</b> <b>Graham cracker</b> <b>Milk</b>	<b>25</b> <b>Betty crocker bar</b> <b>Milk</b>	<b>26</b> <b>Granola Bites</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>29</b> <b>Celery Sticks</b> <b>w/ peanut butter</b> <b>Milk</b>	<b>30</b> <b>Poptart</b> <b>Milk</b>	<b>31</b> <b>Pretzels</b> <b>Juice</b> <b>Milk</b>	<b>1</b>	<b>2</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

