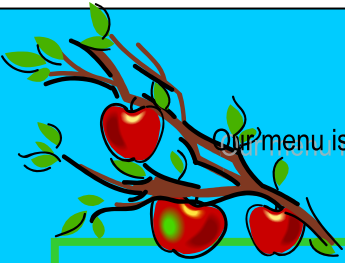


Steubenville City Schools

Lunch menu

Our menu is subject to change due to availability of food or school closure!
This Institution is an equal opportunity provider

September 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
	1 Grilled chicken w/bacon Sand. Corn/Black beans Fruit Bun Milk	2 Cheese Burger Tator Tots Carrots Fruit Bun Milk	3 Pizza Stick w/ sauce Green beans Fruit Milk	4 Mac & Cheese California Blend Fruit Roll Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
7 No School Labor Day	8 Breaded chicken Patty Sand Corn/Black Beans Fruit Bun Milk	9 Bacon Cheese Burger Sweet Potato fries Fruit Milk	10 Cheese French Bread Pizza Green Beans Fruit Milk	11 Mac & Cheese California Blend Fruit Roll Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
14 Ham & Cheese pocket Corn Fruit Milk	15 Chicken Nuggets Cauliflower Fruit Roll Milk	16 Cheese Burger Tator Tots Carrots Fruit Bun Milk	17 Pizza Stick w/ sauce Green beans Fruit Milk	18 Mac & Cheese California Blend Fruit Roll Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
21 Ham & Cheese Pocket Brocc Fruit Milk	22 Grilled chicken w/bacon Sand. Corn /Balck Beans Fruit Bun Milk	23 Bacon Cheese Burger Sweet Potato fries Fruit Milk	24 Cheese French Bread Pizza Green Beans Fruit Milk	25 Mac & Cheese California Blend Fruit Roll Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
28 Ham & Cheese Pocket Brocc Fruit Milk	29 Chicken Strips Corn/Black Beans Fruit Bun Milk	30 Cheese Burger Tator Tots Carrots Fruit Bun Milk	1	2	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

