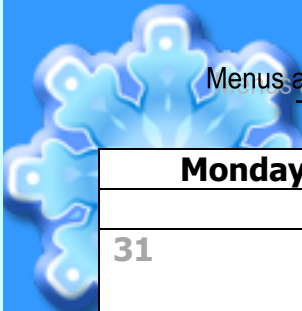


Menus are subject to change due to the availability of food or school closure!
This Institution is an equal opportunity provider and employer.

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
31	1 No School! New Year's Day	2 NO SCHOOL!	3 West-East Pizza sticks w/sauce Hms/Shs Pizza Mix Veg Salad Fruit Milk	4 Chicken Patty Bake Bean Corn Fruit Bun Milk	Feature Item! Served Daily Rib Sandwich
7 Bakes Chicken (drum) Peas Carrots Fruit Roll Milk	8 Sloppy Joe Glazed baby carrots Tosed Salad Fruit Bun Milk	9 Taco in Bag Brown rice Refried Beans Corn/Black Beans Fruit Milk	10 West-East Pizza stick w/ sauce Hms/Shs Pizza Green Beans Fruit Milk	11 Mini Corn dog/cookie Hms/Shs General TSo" Brown Rice / Brocc Fruit Fortune Cookie Milk	Feature Item! Served Daily Rib Sandwich
14 Grilled Chicken w/ bacon Chips w.g Coleslaw Pickle Fruit Bun Milk	15 Pasta w.g w/meat sauce Caesar Salad Fruit Roll Milk	16 Grilled Cheese Tomato Soup Corn Fritos Fruit Milk	17 West-East Pizza stick Hms/Shs Pizza Romaine Salad/G.Bean Fruit/Milk	18 West-East Burger Hms/Shs Fish Sand/Burger Carrots/ Bun/Milk	Feature Item! Served Daily Rib Sandwich
21 MARTIN LUTHER KING, JR. DAY NO SCHOOL!	22 Hot turkey over biscuit w/gravy Peas Carrots Fruit Milk	23 Chicken Alfredo Corn Brocc Fruit Roll Milk	24 West-East Pizza stick w/sauce Hms/Shs Green Bean California Medley Fruit Milk	25 Chicken Strips Lima Bean Carrots Hms/Shs/Wells Tator Tots Fruit Roll/Milk	Feature Item! Served Daily Rib Sandwich
28 Rib Sand Corn on cob/Yams Pickle Cookie Bun Fruit/Milk	29 Corn dog Bake Beans Brocc/cauliflower Fruit/Milk	30 Chicken Nuggets Mac & Cheese Greens Fruit Roll Milk	31 West-East Pizza stick w/sauce Hms/Shs Pizza Green Beans Fudge Cookie Fruit Milk		Feature Item! Served Daily Rib Sandwich

