

Steubenville City Schools
Lunch Menu

Our menu is subject to change due to availability of food or school closure!
This Institution is an equal opportunity provider.

October 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
28	29	30	1 Calzone Green beans Fruit Milk	2 Chili Cornbread Corn Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
5 Breaded Chicken Sand Corn/black beans Fruit Bun Milk	6 Cheese Burger Pickle Tator Tots Fruit Bun Milk	7 Pasta w/meat sauce Brocc Fruit Roll Milk	8 Pizza Stick w/sauce Green beans Fruit Cookie w.g Milk	9 Chili Corn bread Carrots Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
12 Chicken Strips Corn/black beans Fruit Roll Milk	13 Bacon Burger Carrots Fruit Bun Milk	14 Pasta w/ meat sauce Brocc Fruit Roll Milk	15 Calzone Green Beans Fruit Milk	16 Chili Corn bread Mix veg Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
19 Grilled chicken w/ bacon Corn/black Beans Fruit Bun Milk	20 Cheese Burger Tator Tots/ Fries Carrots Fruit Bun Milk	21 Pasta w/ meat sauce Brocc. Fruit Roll Milk	22 Round Pizza Green Beans Fruit Milk	23 Chili Corn bread Mix veg Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
26 Breaded chicken Sand Corn/black beans Fruit/Bun/Milk	27 Bacon Burger Carrots Fruit Bun Milk	28 Pasta w/ meat sauce Brocc. Fruit Roll Milk	29 Mozzarella Stick w/ sauce Green bean Fruit Milk	30 Chili Corn bread Mix veg Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

