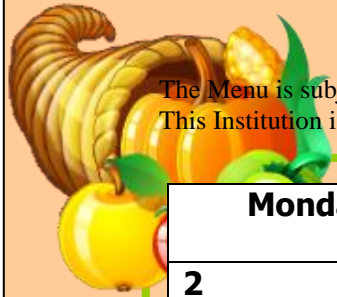


Steubenville City Schools

Lunch Menu

The Menu is subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider

# November 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>2</b> <b>General Tso</b> <b>Brocc</b> <b>Fruit</b> <b>Milk</b>	<b>3</b> <b>BBQ Beef Ribs</b> <b>Carrots w/dip</b> <b>Fruit</b> <b>Milk</b>	<b>4</b> <b>Hot Dog</b> <b>Baked Beans</b> <b>Fruit</b> <b>Milk</b>	<b>5</b> <b>Pizza Stick</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	<b>6</b> <b>Walking Taco</b> <b>Corn</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>9</b> <b>Drumstick</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	<b>10</b> <b>Cheese Burger</b> <b>Peas</b> <b>Fruit</b> <b>Milk</b>	<b>11</b> <b>Pulled Chicken</b> <b>Brocc</b> <b>Fruit</b> <b>Milk</b>	<b>12</b> <b>Fiestado Pizza</b> <b>Corn/Black bean</b> <b>Fruit</b> <b>Milk</b>	<b>13</b> <b>Salisbury Steak</b> <b>Mashed Potato</b> <b>Peas &amp; Carrots</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>16</b> <b>Chic Nuggets</b> <b>Peas</b> <b>Fruit</b> <b>Milk</b>	<b>17</b> <b>Beef &amp; Cheese</b> <b>Nachos</b> <b>Corn</b> <b>Fruit</b> <b>Milk</b>	<b>18</b> <b>Corn Dog</b> <b>Baked Beans</b> <b>Fruit</b> <b>Milk</b>	<b>19</b> <b>Calzone</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	<b>20</b> <b>Turkey Gravy</b> <b>Mashed Potato</b> <b>Carrots</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>23</b> <b>Meatball</b> <b>Brocc</b> <b>Fruit</b> <b>Milk</b>	<b>24</b> <b>Grilled Chicken</b> <b>Carrots w/dip</b> <b>Fruit</b> <b>Milk</b>	<b>25</b> <b>NO</b> <b>School</b>	<b>26</b> <b>No School!</b> <b>Thanksgiving</b>	<b>27</b> <b>NO</b> <b>School</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>30</b> <b>Bacon Cheese</b> <b>Burger</b> <b>Carrot</b> <b>Tator Tots</b> <b>Fruit &amp; Milk</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

