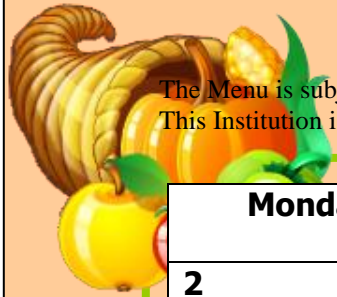


Steubenville City Schools  
Breakfast Menu

The Menu is subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider

# November 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>2</b> <b>Cereal Bars</b> <b>Juice</b> <b>Milk</b>	<b>3</b> <b>Banana Bread</b> <b>Fruit</b> <b>Milk</b>	<b>4</b> <b>Nutri grain Bar</b> <b>Juice</b> <b>Milk</b>	<b>5</b> <b>Waffles</b> <b>Fruit</b> <b>Milk</b>	<b>6</b> <b>Donuts</b> <b>Juice</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>9</b> <b>Cereal Bar</b> <b>Fruit</b> <b>Milk</b>	<b>10</b> <b>Muffins</b> <b>Juice</b> <b>Milk</b>	<b>11</b> <b>Nutri grain Bar</b> <b>Juice</b> <b>Milk</b>	<b>12</b> <b>French Toast</b> <b>Juice</b> <b>Milk</b>	<b>13</b> <b>Cinn Mini</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>16</b> <b>Cereal Bar</b> <b>Fruit</b> <b>Milk</b>	<b>17</b> <b>Banana Bread</b> <b>Juice</b> <b>Milk</b>	<b>18</b> Nutri grain Bar <b>Juice</b> <b>Milk</b>	<b>19</b> <b>Waffles</b> <b>Juice</b> <b>Milk</b>	<b>20</b> <b>Donuts</b> <b>Juice</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>23</b> <b>Cereal Bar</b> <b>Juice</b> <b>Milk</b>	<b>24</b> <b>Muffins</b> <b>Juice</b> <b>Milk</b>	<b>25</b> <p style="text-align: center;"><b>NO School</b></p>	<b>26</b> <p style="text-align: center;"><b>No School!</b> <b>Thanksgiving</b></p>	<b>27</b> <p style="text-align: center;"><b>NO School</b></p>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>30</b> <b>Cereal Bar</b> <b>Juice</b> <b>Milk</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

