



Steubenville City Schools  
Lunch Menu

This Menu is subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider and employer.

# January 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
28	29	30	31	1 <b>No School! New Year's Day</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
4 <b>Baked Chicken (drum) Green Beans Mac&amp;Cheese Roll Fruit Milk</b>	5 <b>Beef Rib Sand Carrots Fruit Bun Milk</b>	6 <b>Pasta Meat Sauce Brocc Fruit Roll Milk</b>	7 <b>Pizza Sticks w/ sauce Mix veg Fruit Milk</b>	8 <b>Chicken Patty Corn Fruit Bun Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
11 <b>Chicken Nuggets Corn Fruit Roll Milk</b>	12 <b>Beef Rib Sand Carrots Fruit Bun Milk</b>	13 <b>Alfredo Bowl Brocc Fruit Garlic Stick/ Roll Milk</b>	14 <b>Mozzarella Sticks w/ sauce Green Beans Fruit Milk</b>	15 <b>Chicken Patty Mix veg Fruit Bun Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
18 <b>No School MARTIN LUTHER KING JR.DAY</b>	19 <b>Grilled cheese Tomato Soup Fruit Milk</b>	21 <b>Pasta Meat Sauce Brocc Fruit Garlic Stick / Roll Milk</b>	22 <b>Pizza Stick w/ sauce Green Beans Fruit Milk</b>	23 <b>Chicken Patty Corn Fruit Bun Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
25 <b>Chicken Nuggets Corn Fruit Roll Milk</b>	26 <b>Beef Rib Sand Carrots Fruit Bun Milk</b>	27 <b>Alfredo Bowl Brocc Fruit Garlic Stick/Roll Milk</b>	28 <b>French Bread Pizza Green Beans Fruit Milk</b>	29 <b>Chicken Patty Mix veg Fruit Bun Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

