



Steubenville City Schools  
Breakfast Menu

Our menu is subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider and employer

# August 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>17</b>	<b>18</b>	<b>19</b> Cinnamon Roll w.g Banana(whole) Orange Juice Milk	<b>20</b> Cereal Bar w.g Banana ( whole) Orange Juice Milk	<b>21</b> Poptart w.g Strawberry cup Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>24</b> Betty Crocker oatmeal bar Orange Juice Milk	<b>25</b> Pancakes Orange Juice Milk	<b>26</b> Waffle w.g Fruit Milk	<b>27</b> Banana Bread w.g Strawberry cup Milk	<b>28</b> French Toast w.g Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>31</b> Donuts w.g Fruit Juice Milk	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: