



Steubenville City Schools  
Lunch Menu

Our menu is subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider and employer

# August 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>17</b>	<b>18</b>	<b>19</b> Chicken Casear Salad Fresh fruit Milk Alt- P&J uncrustable	<b>20</b> Pizza Stick w.g w/ sauce Brocc. w/ ranch cup Fruit Milk Alt- P&J uncrustable	<b>21</b> Turkey & cheese Sand Grapes Carrots w/ ranch cup Harvest chip Milk Alt-P& J uncrustable	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>24</b> Turkey ham & cheese Pocket w.g Carrots w/ ranch cup Fruit Milk Alt- P&J uncrustable	<b>25</b> Chicken nuggets Cauliflower w/ranch cup Fruit Roll Milk Alt- P&J uncrustable	<b>26</b> Cheeseburger Sweet potato fries Glazed baby carrots Fruit Bun Milk Alt- P&J uncrustable	<b>27</b> Cheese French Bread Pizza w.g Green beans Fruit Milk Alt- P&J uncrustable	<b>28</b> Beef Rib Sand Pickles Brocc. Fruit Bun Milk Alt- P&J uncrustable	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>31</b> Mac&Cheese w.g Brocc. Fruit Roll Milk Alt- P&J uncrustable	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

