



Steubenville City Schools
Breakfast Menu

Menus are subject to change due to availability of food or school closure!
This Institution is a equal opportunity provider and employer.

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
1 Cereal Juice Milk	2 Pancakes Cereal Orange Milk	3 Poptart Cheese stick Banana Milk	4 Oatmeal Bar Cereal Orange Milk	5 Bagel Fruit Cup Cereal Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
8 Wheat donut/ poptart Fruit Milk HMS/SHS Big Breakfast	9 Frudel Juice Milk	10 Cereal HMS/SHS French toast Fruit Milk	11 Yogurt Apple Nutrigrain Bar HMS/SHS Frudel/French toast/donuts Milk	12 Waffle Banana Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
15 NO SCHOOL EASTER VACATION	16 NO SCHOOL EASTER VACATION	17 NO SCHOOL EASTER VACATION	18 NO SCHOOL EASTER VACATION	19 NO SCHOOL EASTER VACATION	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
22 NO SCHOOL EASTER VACATION	23 Poptart Apple slices Cereal Milk	24 Chex mix Cheese stick Juice Milk HMS/SHS Cheezie Potato w bacon bits and sour cream- bowl	25 Nature Valley Bar Yogurt Fruit Juice Milk HMS/SHS Pancake	26 Cereal Bar Fruit Juice Milk HMS/SHS Biscuit- Sausage,egg,cheese	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
29 Cereal Fruit Juice Milk	30 Waffle Fruit Juice Milk	1	2	3	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

Your School's Name