



Steubenville City Schools  
Breakfast Menu

Our menu is subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider and employer.

# December 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>30</b>	<b>1</b> Donuts Fruit Milk	<b>2</b> Yogurt Banana Bagel w/c.c Milk	<b>3</b> Soft filled Cinnamon toast Crunch Bar Juice Milk	<b>4</b> Pancakes Frozen Fruit Cup Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>7</b> West/Wells Cereal Bar HMS/SHS/EAST Cereal Fruit Milk	<b>8</b> Donuts Fruit Milk	<b>9</b> Yogurt Banana Bagel w/c.c Milk	<b>10</b> Soft filled Coco puff Bar Juice Milk	<b>11</b> Pancakes Frozen Fruit Cup Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>14</b> West/Wells Cereal Bar HMS/SHS/EAST Cereal Fruit Milk	<b>15</b> Donuts Fruit Milk	<b>16</b> Yogurt Banana Bagel w/c.c	<b>17</b> Soft filled c/cp Bar Fruit Milk	<b>18</b> Pancakes Frozen Fruit Cup Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>21</b> <b>No School!</b> <b>Christmas</b>	<b>22</b> <b>No School!</b> <b>Christmas</b>	<b>23</b> <b>No School!</b> <b>Christmas</b>	<b>24</b> <b>No School!</b> <b>Christmas</b>	<b>25</b> <b>No School!</b> <b>Christmas</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>28</b> <b>No School!</b> <b>Christmas</b>	<b>29</b> <b>No School!</b> <b>Christmas</b>	<b>30</b> <b>No School!</b> <b>Christmas</b>	<b>31</b> <b>No School!</b> <b>Christmas</b>	<b>1</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

