



Steubenville City Schools
Breakfast Menu

Our menu is subject to change due to availability of food or school closure!
This Institution is an equal opportunity provider and employer.

December 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
30	1 Donuts Fruit Milk	2 Yogurt Banana Bagel w/c.c Milk	3 Soft filled Cinnamon toast Crunch Bar Juice Milk	4 Pancakes Frozen Fruit Cup Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
7 West/Wells Cereal Bar HMS/SHS/EAST Cereal Fruit Milk	8 Donuts Fruit Milk	9 Yogurt Banana Bagel w/c.c Milk	10 Soft filled Coco puff Bar Juice Milk	11 Pancakes Frozen Fruit Cup Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
14 West/Wells Cereal Bar HMS/SHS/EAST Cereal Fruit Milk	15 Donuts Fruit Milk	16 Yogurt Banana Bagel w/c.c	17 Soft filled c/cp Bar Fruit Milk	18 Pancakes Frozen Fruit Cup Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
21 No School! Christmas	22 No School! Christmas	23 No School! Christmas	24 No School! Christmas	25 No School! Christmas	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
28 No School! Christmas	29 No School! Christmas	30 No School! Christmas	31 No School! Christmas	1	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

